

School Health Advisory Committee
Mineral Wells ISD
Meeting Minutes: April 19, 2011

Members present: Annette Bennett, Susan Boyd, Wanda Voelcker, RN, Kelly Brown, Collin Boyd

Meeting was opened at 6:05.

Old Business: The goals recommended for the 2011 - 2012 school year were accepted by the committee. There was discussion as to how parent participation would be increased. Wanda explained that the committee was designed to be a School Board appointed committee and therefore the school board would be able to help find parents. Also, any committee member may suggest parents to serve as well.

There was also discussion about how we would work to increase the number of students in the health fitness zone of FitnessGram®. Kelly explained that one way was that she would be making some changes to the lunch menus that would be beneficial to students who eat school lunches. Variety would be the goal to entice students to eat school lunches.

Wanda went over the tentative Annual SHAC report that will be presented to the School Board at the May meeting. She explained that the April SHAC minutes would be added to the report and asked if the committee felt the address for the SHAC and Food Services web pages should be added to the report. The committee felt it would be beneficial; therefore those addresses will also be included in the report.

The suggestion made at the last meeting by Sharon Huggs concerning beginning human development/sex education classes before the 5th or 6th grade was discussed. Susan Boyd explained that the Boy Scouts of America have a Youth Protection program that teaches these things and begins in the 1st grade. Wanda stated she would be researching different programs and will bring information back to the committee in the fall.

New Business: SHAC meeting dates for the 2011 - 2012 school year were set.

They will be as follows:

September 20, 2011

November 15, 2011

February 21, 2012

April 17, 2012

The meeting was adjourned at 7:08.